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# PC 515 Pastoral Crisis Intervention

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**PC515: PASTORAL CRISIS INTERVENTION**  
**ASBURY THEOLOGICAL SEMINARY**  
**SUMMER 2002**

INSTRUCTOR: Dr. Tapiwa N. Mucherera, Ph.D.      OFFICE: 4<sup>TH</sup> FLOOR STANGER HALL  
OFFICE HOURS: by appointment      OFFICE PHONE: 858-2289  
CLASS TIME: M,T,W,Th,FR. (July 8-12)      CLASS ROOM: SH 404

**COURSE DESCRIPTION**

This advanced counseling course is based upon the premise that crises are an essential aspect of any structured understanding of human life and development. The class will cover episodes of crises in people's lives where the stakes are very high for disintegration or for growth. Theoretical orientation to crisis and clinical intervention techniques for various types of crises will be taught and practiced. Theological and faith issues during crisis events will be examined.

Upon completion of this course students will be able to:

1. explain the process of crisis development.
2. understand pastoral theological assumptions and biblical foundation that support crisis intervention.
3. articulate appropriate intervention strategies to manage crises at a primary, secondary, and tertiary intervention level.
5. demonstrate crisis intervention pastoral counseling skills within role-plays.

**Required Course Texts:**

Cooper Burton Z., Why God Atlanta: John Knox Press, 1988  
Soelle Dorothee, Suffering Philadelphia: Fortress Press, 1988.  
Gilliland, B. E. & James, R. K. (2000). Crisis Intervention Strategies (4th Ed.). New York: Brooks/Cole.  
Janoff-Bulman, R. (1992). Shattered Assumptions: Towards a New Psychology of Trauma. New York, NY: The Free Press.

**Recommended Course Texts:**

Kuenning Deloris, Helping People Through Grief. Bethany House Publishers, 1987.  
Scott, M.J. & Stradling, S. G. Counseling for Post-Traumatic Stress Disorder. London: Sage.1992.  
Switzer, David, K., The Minister as Crisis Counselor Nashville: Abingdon Press, 1986.

**Course Requirements**

You are expected to attend all classes and participate in small group activities and discussions. Poor attendance can negatively impact your final grade.

**Counseling Practice:** You have two venues in which you will practice crisis counseling. First,

you will work within trios to practice your skills. Your practice sessions will happen outside of our class time. During each round, you will have an opportunity to be a client, a pastoral counselor, and an observer. You should be able to complete your practice sessions within 40 minutes. Your role play group will present in class and will be taped on video. The role plays will last no longer than 40 minutes. We will debrief and get feed back in class from other peers.

### 1. Theological Integration Paper (30%) Due July 12, 2002

Identify a time in your life when you experienced a period of crisis. If you have been fortunate enough to have NO crisis experience, then you can interview someone who has had a crisis. Synthesize the experience with your understanding from class lectures, Shattered Assumptions, Why God, and your theology of pain. Address these issues in an integration paper. Three quarters of your paper must engage the above mentioned texts in your psychological and theological integration. Cite your information from the texts. Use APA or Turabian style for this paper. (10 to 12 pages):

From Shattered Assumptions: What assumptions were altered as a result of the crisis? How were they altered? What helped you to rebuilt your assumptions? How were the new assumptions different from the original assumptions?

From Why God: How did you experience God in the midst of this crisis? How did you theologically address the question of Why does God allow me to suffer so?

From class lectures and Shattered Assumptions: What helped you to move through this time of crisis?

What Scriptures are particularly salient to a discussion of a theology of pain and crisis? Why?

Your paper is to be typed, double spaced. This is your opportunity to reflectively integrate the lectures and reading material to date. Remember that this needs to be more than just personal story or reflections. *Draw heavily on the material from your texts and lectures to demonstrate your grasp of the theoretical/theological material* and then provide compelling examples from your experience to document your ability to apply theory/theology to life.

2. Crisis Counseling Practice- Role play and Feedback Papers: (20%) **Due next class after your presentation in class.** You will work in trios to refine your crisis pastoral counseling skills during your practice sessions on an established crisis-counseling situation. One participant is the client, another the pastoral counselor, and the third member is the observer. Each person should be the pastoral counselor one time during rounds. Focus on skills that we have recently covered in class. Following the presentation to the class, the observer will provide feedback to the counselor.

This is a one page feedback paper. In the feed paper discuss:

- (a) How the pastoral counselor=s skills as a crisis counselor are developing:
- (b) things s/he does well as a crisis counselor:
- (c) where s/he needs improvement as a crisis counselor.

### 3. Research Paper (50%) Due Aug 16th , 2002

You will sign up for a research paper topic (13-15 pages) within the first module of class. This information will form the knowledge base for your crisis counseling video role plays. Each person will prepare a research paper that deals with the following items.

- A. What are the critical psychological, interpersonal, and social issues that play a role in the person=s recovery processes? Remember to consider such things as developmental, gender, cultural and ethnic issues. (4-5 pages).
- B. What are the obvious issues that are pertinent to counseling that kind of client? What are the key counseling issues to consider during your first few sessions? (2-3 pages).
- C. Identify significant theological issues that you believe will be most salient for this client and tell how your pastoral theological perspective addresses these concerns. (2-3pages).
- D. Identify the kind of ministerial or pastoral approach you believe is most appropriate for you in your future ministry setting with this kind of person. Create a ministry plan/program to address this issue in your church. (2 pages).
- E. Follow APA Publication Manual or Turabian for formatting of citations and reference list. Be consistent and use only one style or format.

#### **Schedule:**

##### Morning

July 8:	Lecture - Read Chapter one	Crisis Intervention Strategies
8:00 - 9:30 -	Intro to the course	
9:30-9:40	Break	
9:40-10:50 -	Lecture	
10:50-11:00	Break	
11:00- 12:00	Lecture	

Afternoon	Lecture - Read Chapter two	Crisis Intervention Strategies
1:00 - 2:30 -	Lecture	
2:30- 2:40	Break	
2:40- 2:50-	Lecture	
2:50- 4:00	Break	
4:00 –5:00	Video or Discussion	

##### Morning

July 9	Lecture - Read Chapter three	Crisis Intervention
8:00 - 9:30 -	Lecture	
9:30-9:40	Break	
9:40-10:50 -	Lecture	
10:50-11:00	Break	
11:00- 12:00	Lecture	

Afternoon	<u>Shattered Assumptions</u>	Read Parts One & Two, be prepared to discuss
July 9	1:00 - 1:40-	Small group discussions
	1:40 -2:20-	Big group discussion
	2:20-2:30	Break
2 <sup>nd</sup> part	<u>Shattered Assumptions</u>	Read Parts Three and Four & be prepared to discuss
	2:30-3:10	Small group
	3:10- 3:50	Big group
	3:50- 4:00	Break
	4:00- 5:00	Rape - Video/ Big grp discussion
Morning		
July 10	<u>Why God?</u>	Chapters 1-2 Impact of crisis on families and humanity in general
	8:00 - 8:40-	Small group
	8:40 -9: 20	Big group discussion
	9:20 - 9:30	Break
	<u>Why God?</u>	Chapter 3-4 God and suffering
	9:30 - 10:10	Small group
	10:10- 10:50	Big Group
	10:50 - 11:00	Break
	11:00-12:00	Video/ Discussion
Afternoon		
July 10	Basic listening and Attending Skills, plus Video	
	Counseling Practice	
	1:00-2:30 -	Attending Skills (Video & practice)
	2:30-2:40	Break
	2:40-2:50	<b><i>Video/practice- Pastor, I am Gay or my son is Gay</i></b>
	2:50- 4:00	Break
	4:00-5:00	<b><i>Video-/ discussion</i></b>
Morning		
July 11	<b><i>Gilliland PTSD, Chapter 4 - Group Role play and feed back</i></b>	
	8:00 - 8:45 -	Devotions /Group presentation
	8:45 - 9:25	Role play
	9:30 - 9:50-	Feedback session
	9:50-10:00	Break
	<b><i>Gilliland Sexual Assault Chapter 6 - Group Role play and Feedback</i></b>	
	10:00 - 10:45	Group presentation
	10:45- 10:55	Break
	10:55 - 11:25	Role play
	11:30 - 12:00	Feedback Session

Afternoon      ***Gilliland    Suicide    Chapter five (5) - Group Role play & feedback***

1:00 - 1:45 -      Devotions /Group presentation  
 1:45 - 2:25      Role play  
 2:30 -2:50-      Feedback session  
 2:50- 3:00      Break

***Gilliland    Spousal Abuse Chapter 7 -Group role play and feedback***

3:00 - 3:45      Group presentation  
 3:45- 3:55      Break  
 3:55- 4:25      Role play  
 4:30 –5:00      Feedback Session

**Theological Integration paper due July 12<sup>th</sup> by 6:00pm**

Morning  
 July 12

***Gilliland    School Violence Chp 11, Group role play and feedback***

8:00 - 8:45 -      Devotions /Group presentation  
 8:45 - 9:25      Role play  
 9:30 - 9:50-      Feedback session  
 9:50-10:00      Break

***Gilliland    Addictions Chp 8,(Alcohol) Group role play and feedback***

10:00 - 10:45      Group presentation  
 10:45- 10:55      Break  
 10:55 - 11:25      Role play  
 11:30 - 12:00      Feedback Session

Afternoon

***Addictions –Chp 8, Pornography -Group role play and feedback***

1:00 - 1:45 -      Devotions /Group presentation  
 1:45 - 2:25      Role play  
 2:30 -2:50-      Feedback session  
 2:50- 3:00      Break

***Gilliland    Bereavement - Childhood Chp 9 -Group role play and feedback***

3:00 - 3:45      Group presentation  
 3:45- 3:55      Break  
 3:55- 4:25      Role play  
 4:30 –5:00      Feedback Session

**Final Research paper due Aug 16th, 2002 by 5:00pm at my office, SH 413**

